

Reha-Slide & Reha-Slide Duo

Reha-Slide and Reha-Slide Duo are simple, state-of-the-art therapy assisting devices for evidence based, repetitive exercises of the upper extremity. The devices offer movements for adduction, abduction, ante- and retroversion of the shoulder, extension and flexion of the elbow as well as dorsalexension and palmarflexion of the wrist.



Reha-Slide

With our concept of guided movement, the Reha-Slide enables your patients to do a variety of independent exercises. We know that nothing influences the success of a therapy as strongly as the patient's motivation.

The Reha-Slide is suitable for heavily paretic patients. It allows to motivate heavily affected patients to actively participate in the therapy sessions.

The guiding of the paretic arm activates mirror neurons and initiates an independent movement of the impaired arm.

The Reha-Slide targets all major upper extremity joints: the shoulder, the elbow and the wrist. The device allows both isolated and combined movements. With the integrated height adjustment, these can be moved up to shoulder height, the resistance when moving forwards and backwards is freely adjustable.

Exercises

- Forward/backward: elbow flexion and extension
- Sideways: shoulder abduction and adduction
- Rotating: wrist flexion and extension



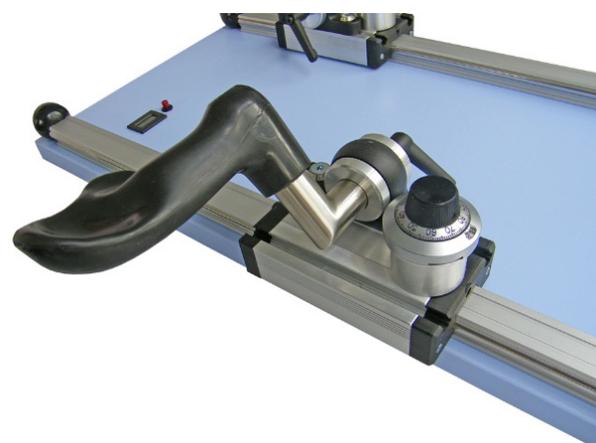
Reha-Slide Duo

Supporting the patient's recovery means enabling them to achieve long-lasting success through increasingly challenging exercises. With the arm trainer Reha-Slide Duo, we offer patients, who can already partially move their arm, ways to a flexible therapy. With independent exercises, patients can progress towards regaining their freedom of movement.



Handling is child's play. The patient grips the handles and moves them back and forth along the rails. A freely adjustable resistance for both splints enables the individual specification of the patient's requirements according to their abilities.

Whether sitting or standing, all exercises can be performed flexibly.



Technical Details

	Reha-Slide	Reha-Slide Duo
Width (without handles)	--	35 cm / 13.8 in
Width (with handles)	74 cm / 29.1 in	53 cm / 20.9 in
Length	55 cm / 21.6 in	55 cm / 21.6 in
Weight	8 kg / 17.6 lbs	8 kg / 17.6 lbs

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